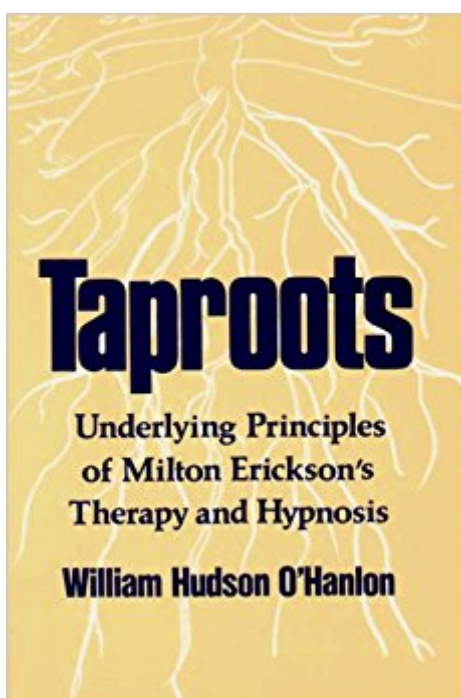


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# Taproots: Underlying Principles Of Milton Erickson's Therapy And Hypnosis (Norton Professional Book)



## Synopsis

"This is an essential primer of Ericksonian hypnotherapy and strategic psychotherapy. [â ]  
Oâ™Hanlon provides threads that crystallize practical patterns useful to clinicians at all levels of  
expertise." â • Jeffrey K. Zeig, Ph.D., Director, The Milton H. Erickson Foundation

## Book Information

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## Customer Reviews

â œOâ™Hanlonâ™s books are always filled with precious clinical nuggets.â • - The Milton H.  
Erickson Foundation Newsletter

Bill Oâ™Hanlon, is a founder of Possibility and Inclusive Therapies and is the author or coauthor of  
more than thirty books, including Out of the Blue, Becoming A Published Therapist, and Quick Steps  
to Resolving Trauma. He is a Diplomate, Board Member, Fellow and Master Therapist in the  
American Psychotherapy Association and was awarded the "Outstanding Mental Health Educator of  
the Year" in 2001 by the New England Educational Institute. He lives in Santa Fe, New Mexico. Visit  
his website for more information: BillOHanlon.com.

This book presents many case stories of Milton Erickson's clinical practice. The case stories present  
different challenges and the various techniques that Milton Erickson uses to overcome them. I would  
recommend this book to anyone who is interested in learning about handling resistance in

psychotherapy as well as anyone who is interested in learning about various uses of hypnotic phenomena.

A great exploration of the basic principles of this great thinker - clear concise writing and summation of some complex areas of Ericksonian practice.

Amazing book!

a must have in hypnotherapy

A lot of books have been written about Milton Erickson. I was introduced to Erickson's work through the work of Bandler and Grinder, now known as NLP (I got my NLP trainer certificate in 1996). This book doesn't cover the modern NLP as I know it, nor does it cover the work of Steven Gilligan, but apart from that it includes a brief overview of frameworks that explain Erickson's Therapy and Hypnosis (e.g. Haley, Rossi, Lankton, Zeig, etc). Now you know what the book does and doesn't cover, let me tell you what it aims at. The author wants to make Erickson's work accessible and to unravel the underlying structure of Erickson's marvelous interventions, which were often beyond the comprehension of his students. The goal of the book is to offer the reader a set of patterns that will result in therapeutic interventions of the same style as those used by Erickson himself. It also includes principles, assumptions to be avoided and illustrates the whole with examples from Erickson himself. I think the author has done well on his goal, especially given the reputation of his subject. In general, this is a very accessible book which doesn't require any previous knowledge. Patrick E. Merlevede, Author of "7 Steps to Emotional Intelligence"

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